



The Chicano Federation

Child Care Nutrition Program

2020-2021 CACFP Mandatory Training

Personal Information Update

Please complete this form with the following personal information to ensure that your file with the Nutrition Program is current and up to date.

First and Last Name:	
Provider Number:	
Home Address:	
Home Phone:	
Cell Phone:	
Email Address:	

Virtual Site Visits

Please state the best way of communication for your virtual site visit:

(There is no right or wrong answer)

- A. Zoom
- B. WhatsApp
- C. Facetime

If your answer was B or C please state what phone number will be best to reach you at:

1. If a monitor calls to complete a virtual visit and you **do not** answer, what is the latest you can return the call for your meals to not be disallowed?
 - A. Within the hour of the call
 - B. Within the day of the call
 - C. I don't have to call back, monitor will understand I was busy
 - D. A and B are correct
2. During a virtual site visit, it is required to show your Monitor the:
 - A. License display

- B. Children while taking attendance
 - C. Meal Component and whole grain
 - D. Milk Expiration
 - E. All of the above
3. Your childcare helper is allowed to complete a virtual site visit:
 - A. True
 - B. False
 4. When Monitors conduct visits, they expect to see:
 - A. A Meal Service
 - B. All components are offered, and right portion sizes according to each age group
 - C. Both of the above
 5. What happens if a Site Monitor finds any violations at the time of the visit?
 - A. The provider will be declared seriously deficient
 - B. The Provider will receive a Warning, Letter or a Serious Deficiency letter.
 - C. The Monitor will let the Department Supervisor know
 - D. All of the above

Meal Patterns

6. Child Care Providers prepare meals for CACFP, based on
 - A. A Food Chart
 - B. CACFP Meal Pattern
 - C. Own home menus
7. What is the maximum amount of meals and snacks a provider can claim each day?
 - A. 2 meals, 1 snack
 - B. 1 meal, 2 snacks
 - C. 3 meals, 2 snacks
 - D. Both A & B
8. Match the following age group to the type of milk the children should be offered.

Year Range	Matches	Options
A. 0-12 months		1. Whole Milk
B. 12-23 months		2. 1% milk
C. 2 years and		3. Formula/ Breast Milk

9. What is a CN Label?

- A. Contains the calories of a product
 - B. Identifies the contribution of a product to meet the meal pattern requirements
 - C. Shows the ingredients of the product
10. You may offer two vegetables at lunch or dinner instead of fruit and vegetables if two vegetables are different:
- A. True
 - B. False
11. The serving size per child's age differs:
- A. True
 - B. False
12. What is the portion appropriate for milk during lunch and dinner according to the child's age?
- A. Ages 1-2: $\frac{1}{2}$ cup, Ages 3-5: $\frac{1}{2}$ cup and Ages 6-12: 1 cup
 - B. Ages 1-2: $\frac{3}{4}$ cup, Ages 3-5: $\frac{3}{4}$ cup, Ages 6-12: 1 cup
 - C. Ages 1-2: $\frac{1}{2}$ cup, Ages 3-5: 1 cup, and Ages 6-12: 1 $\frac{1}{2}$ cup
 - D. Ages 1-2: $\frac{3}{4}$ cup, Ages 3-5: 1 cup, and Ages 6-12: 1 cup
13. Items labeled "cheese product" are reimbursable:
- A. True
 - B. False
14. You are required to offer a "Whole Grain Rich" item during one of your meals daily:
- A. True
 - B. False

Chicano Federation Nutrition Regulations

15. Provider must always adhere to license capacity, if the you are found over capacity during a visit, the monitor could report the violation to Department of Social Services, Child Care Licensing Division.
- A. True
 - B. False
16. The policy of Chicano Federation Nutrition Program meal times service indicates breakfast must be served before 9am, lunch between 11:00 am and 1:30 pm, and dinner

between 4pm and 7pm. At least 3 hours between the start of one meal and another when no snacks are being served between main meals.

- A. True
- B. False

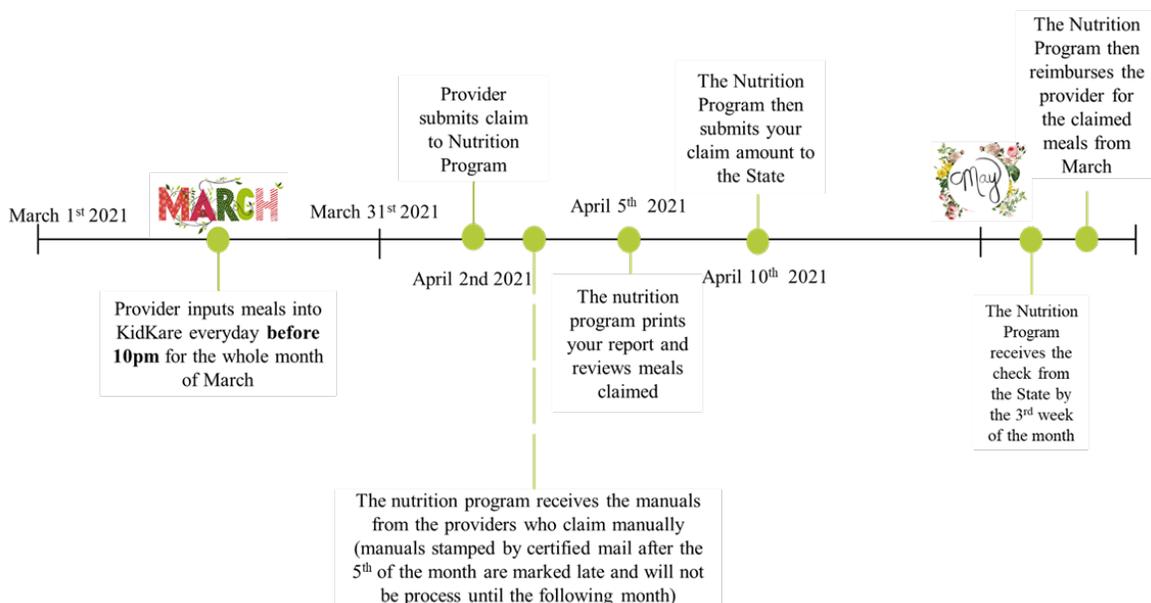
17. If you have a helper in your family child care, your assistant needs

- A. Fingerprints reviewed and approved by Licensing.
- B. Knowledge of the name of all the children in care and where to find the emergency information
- C. Access to your claim and knowledge of record retention if you are absent during the home visit
- D. Knowledge where is the meal pattern and how to use it to serve meals.
- E. All the above

18. There are occasions that children are withdrawn from the program, but returned during the same year. The provider must:

- A. Notify your Monitor immediately
- B. Print existing enrollment application, write the new enrollment date, have the parent sign and date the enrollment application.
- C. Save a copy for your files, and send one to Chicano Federation.
- D. All the above

Payments and Timelines



19. If you submit your March claim on April 20TH will you be reimbursed on time?

- A. Yes
- B. No

20. How long does the state take to reimburse the meals to providers through Chicano federation nutrition program?

- A. The state takes a day to reimburse for meals
- B. The state takes 2 weeks to reimburse for meals
- C. The state takes a month to reimburse for meals
- D. The state takes a month or 2 depending if I submitted my claim on time

21. Tier 1 by School is based on?

- A. Location of the Home
- B. Household Income
- C. Individual Child's Household Income

22. Tier 1 by Income is based on ?

- A. Location of the school
- B. Household Income
- C. Day Care Child's Household Income

CACFP Important Updates

23. Applications for tier eligibility (applications use to determine a provider who wants to claim own children or the assigned school to their address is **not** at least 50 percent of enrolled children have been certified as eligible for free or reduced-price school meals.) are submitted every year before July 31st

- A. True
- B. False

24. Every year providers have to submit enrollment renewals for children in their daycare, the renewals have to be submitted to the monitor before October 31st. If you don't submit your renewals by October 31st is your monitor still able to reimburse you for your meals of October?

- A. Yes, because I'm submitting my claim on time, the children still appear on KidKare, and the monitor knows I have continued working with the same children.

B. No, because the children's enrollments have expired, I have to renew the enrollments with parents' signatures and I have to confirm with my monitor no errors were made on the renewals.

25. If your schedule changes and you will be away from your home during your reported/scheduled mealtimes, you must notify your monitor as soon as you know.

- A. True
- B. False

26. When do CACFP Reimbursement Rates change?

- A. Every October 1st.
- B. Every month
- C. Every July 1st.

COVID-19 Safety

27. What does meal pattern flexibility wave?

- A. The waiver allows for meal pattern flexibility to approved to provide meals that do not meet requirement due to food shortages
- B. The waiver allows for meal pattern flexibility to approved prepare meals for enrolled children even if they are staying home
- C. The waiver allows for meal pattern flexibility to approved the need to serve meals at different times

29. What ages are recommended by CDSS to wear a mask?

- A. Children aged 2 years and older should wear face coverings, especially when indoors or when a six-foot physical distance from others cannot be maintained.
- B. Newborn to 2 years
- C. Over 10 years old
- D. No masks necessary, children need space to breath and play

30. In accordance with the COVID–19 Child Nutrition Response Act, USDA has granted a nationwide waiver to allow non-congregate feeding in the child nutrition program. This waiver will minimized potential exposure to the novel coronavirus (COVID-19), by allowing the Program, Child and Adult Care Food Program to serve meals outside of the standard group setting. In this public health emergency, waiving the congregate meal requirements is vital to ensure appropriate safety measures are taken while still providing meals and meal supplements, so that kids remain fed.

- A. True
- B. False

28. What is the last day I will be waved for missing a food component during my claim meals because of the pandemic food shortage?
- A. September 1st 2021
 - B. June 30th, 2021
 - C. October 31st, 2021
 - D. July 1st, 2021
29. Childcare staff may schedule a vaccination through the county website beginning **Saturday, February 27th**
- A. True
 - B. False
30. Who is eligible for the vaccine?
- A. Childcare providers and staff in educational support services and administration
 - B. Other workers involved in child and/or student care, food service, transportation, maintenance, etc.
 - C. Third-party contractors and volunteers regularly engaged in work with children
 - D. All of the above